

Teen Birth Rate Hits Record Low

With millions of teens watching popular TV shows like “16 and Pregnant” and reports of high school girls around the country entering into pregnancy pacts, one would think the teen pregnancy rate would continue to be on the uptick. However, a recent report reveals the opposite. After a slight increase early last year, data is showing that teens are becoming more sexually responsible which is resulting in a decline in pregnancy among older and young teens across all racial and ethnic groups.

Click [here](#) to read the full article.

Car Surfing is Making a Comeback

An old, disturbing and very dangerous trend has reared its ugly head as bored and adventurous teens risk their lives by either holding onto the back of a moving vehicle while biking, skating or by standing on the roof of the moving vehicle. Recent tragic teen deaths or traumatic head injuries due to what is called “car surfing,” “ghost riding” or “skidding” suggests that this old trend is once again gaining popularity.

Click [here](#) to read the full article.

Click [here](#) to see a supplemental video.

Teen Drama Explained

Most parent-teen relationships can be categorized as argumentative, competitive, stressful and even estranged. A contributing factor for teens would be the developmental stages and changes that occur during adolescence. Parents and youth development professionals often lose sight of where teens are developmentally and instead get caught up in a contentious and unproductive cycle with their teens that leads to more frustration. This article sheds light on what occurs with teens developmentally and how parents and youth development professionals can interact differently with them to form a stronger, more productive relationship.

Click [here](#) to read full article.

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Bruno Mars

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Esperanza Spalding

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